Dynamic Test of Progress ДПО Thrusters (Manifold 2) Commanded Via УС-21 • Removal of N2 from FGB Oxidizer Tanks БВДО & БНДО 1-3

GMT	CREW	ACTIVITY
06:00-06:10	CDR, FE-1	Morning inspection
06:00-06:05	FE-2	Inspection
06:05-06:10		PLASMA CRYSTAL-3: turbo-pump activation
06:10-06:30	CDR	
06:10-06:40	FE-2	Post-sleep
06:10-06:50	FE-1	
06:30-06:40	CDR	HEMATOCRIT. Determination of hematocrit value
06:40-07:45		SPRUT: Study of human bodily fluids
06:40-06:50	FE-2	HEMATOCRIT. Determination of hematocrit value
06:50-07:00	FE-1	
06:50-07:45	FE-2	SPRUT: Study of human bodily fluids
07:00-07:55	FE-1	BREAKFAST
07:45-08:25	CDR, FE-2	
07:55-08:25	FE-1	Work prep
08:25-08:40		Daily planning conference (S-band)
08:40-08:50	FE-2	Reconfiguration of Laptop 3 to nominal after SPRUT-K experiment
08:40-09:20	FE-1	SUBSA – removal of ampoules with specimens
08:50-10:50	CDR, FE-2	Prep DC1 for EVA
09:20-09:35		SUBSA – transfer of data to microdisk
09:35-09:45	FE-1	SUBSA – videotape removal
09:45-09:55		Microgravity Science Glovebox (MSG) – powerdown
09:55-10:55		Physical Exercise (TVIS)
10:50-12:40	FE-2	Progress RODNIK system: bladder pressurization
10:55-12:25	CDR	Physical Exercise (TVIS +Active Rest) – 3
10:55-12:25	FE-1	Physical Exercise (RED)
12:25-12:45	CDR	On MCC Go: ISS Repress with O2 from Progress СРПК system
12:25-13:15	FE-1	TOCA water sample analysis
12:40-13:40	FE-2	Physical Exercise TVIS-3
12:45-13:25	CDR	IMS file prep
13:15-13:25	FE-1	Daily payload status check
13:25-13:40	CDR	Private medical conference (S-band)
13:35-14:35	FE-1	LUNCH
13:40-13:55	FE-2	Private medical conference (S-band)
13:55-14:55	CDR, FE-2	LUNCH
14:35-15:10	FE-1	TOCA water sample analysis
14:55-16:55	CDR	Bar code labeling of SM panels /
14:55-16:45	FE-2	Progress RODNIK system: bladder pressurization
15:10-15:25	FE-1	Private medical conference (S-band)
15:25-15:35		Setup for PAO event

	-1	
15:35-15:45		Prep for PAO event
15:45-16:05		Interview with KSIB radio (S-band)
16:05-16:25		TOCA water sample analysis
16:25-16:55		INTERACTION: data collection
16:45-18:15	FE-2	Physical Exercise (VELO + RED)-3
16:55-17:55	CDR	Physical Exercise TVIS-3
16:55-17:10	FE-1	ADVASC – gas sampling
17:10-17:45		TOCA water sample analysis
17:45-18:30		ADVASC – nutrient exchange
18:15-18:45	CDR, FE-2 FE-1	Daily plan review
18:30-18:45		
18:45-19:00		Daily planning conference (S-band)
19:00-19:30		Report prep
19:30-20:00		DINNER
20:00-20:30		Daily food prep
20:30-21:30	CDR, FE-1	Pre-sleep
20:30-21:25	FE-2	
21:25-21:30		PASMA CRYSTAL-3. Turbo-pump activation
21:30-06:00		SLEEP

Note: See OSTP for references to US activities.

End of radiogram